## **Consent to Teeth Whitening**

|  | was informed | by a | dentist at the I | Jent-lux ( | Clinic that: |
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- 1. The technology is based on the use of a gel with a high content of carbamide peroxide. When activated, active oxygen is released, which destroys the enamel pigments. I certify that I am not allergic to this ingredient.
- 2. I understand that the advantage of clinical whitening is that teeth can be whitened relatively quickly in a simple way.
- 3. I am aware that the risk lies in the prolonged use of the peroxide solution for a long period of time, which can lead to the appearance of teeth sensitivity, both at the time of the whitening procedure, and persist afterwards for no more than a week.
- 4. The degree of sensitivity of all patients is individual and the doctor cannot predict it.
- 5. If the teeth become sensitive during the whitening process, it is necessary to apply a desensitizing toothpaste (Sensetive) or patented desensitizing agent/fluoride gel into the tray and to put on the tray overnight.
- 6. The long-term effects of treatment are not yet known; they are individual for each patient.
- 7. The degree of whitening is individual, the doctor cannot predict the final result of whitening. If I am dissatisfied with the result, I will not make a claim to the doctor and clinic.
- 8. It is recommended not to smoke during the course of the whitening treatment, at least 3-4 weeks.
- 9. I understand that you cannot use whitening treatment if you are pregnant or breastfeeding. No side effects have been reported, but the results of long-term clinical trials are not known.

I agree to the treatment and take responsibility for all the risks described above.

I agree to be photographed. I understand that photographs can be used to document and illustrate my treatment.