



Informational consent of the patient for the manufacture of removable orthodontic aligners

I was familiarized with the treatment plan and the virtual result of orthodontic treatment using removable orthodontic structures offered to me by the clinic.

The doctor explained to me in detail all the stages of the upcoming treatment, and we discussed the final result of my treatment, as well as the fact that in the course of treatment it is possible to adjust the treatment plan in accordance with the clinical situation and to make new aligners.

The doctor explained to me about the need to wear aligners for at least 22 hours a day (aligners are removed only during meals and during hygiene procedures), I understand that if the timing of wearing aligners is not observed, the treatment time may be extended and the result shown on Set up (virtual model of the expected result of orthodontic treatment) may not be achieved.

I have been warned to remove the aligners when eating to avoid cracks and fractures of the aligners. The aligners need to be washed only with warm water, too hot water can lead to a change in the shape of the material. In the morning and in the evening, the aligners should be cleaned with a soft brush and paste. It is not recommended to use a regular hard or medium-hard brush, as it can damage the aligners and compromise its aesthetics.

I have been warned that I must remove my aligners from the mouth by starting their extraction in the area of the back teeth, so as not to accidentally break them.

I have been warned that it is necessary to visit my attending physician strictly at the appointed time, prescribed in my medical record. If I didn't manage to show up on time for the doctor's appointment, I will continue to wear the last set of aligners until I go to the appointment.

I have been warned that after the aligners are installed in my mouth, I may feel some discomfort in the teeth that need to be repositioned, I will remember that such discomfort is a natural consequence of the pressure exerted by the aligner on the teeth.

I have been warned about the need for separation (grinding of tooth enamel) in accordance with the agreed treatment plan.

I had the opportunity to ask all the questions that interest me and received comprehensive answers to them. I consent to the manufacture of removable individual aligners by signing the "Orthodontic Treatment Plan"