



Informed voluntary consent to treatment with a bracket system

I was informed by the doctor that I was indicated for orthodontic treatment with a bracket system and received the necessary explanations about the diagnosis and treatment plan.

I have been informed, explained by the doctor and understandable information about the essence of the treatment.

The doctor explained to me that:

- Failure to comply with recommendations and appointments, missing visits (examinations) can not only lengthen the treatment time, but also negatively affect the final result.
- Poor oral hygiene while wearing the apparatus and eating foods with a high sugar content increases the risk of caries, periodontitis and decalcification of teeth (white spots).

I am also aware of unpredictable factors that can affect the result of orthodontic treatment:

1. Bad habits.

Thumb sucking, lip biting, putting the tongue between the teeth while swallowing and other bad habits are the cause of the formation of most dentoalveolar anomalies. Cooperation with a doctor, a desire to get rid of a bad habit and the fulfillment of all the recommendations of an orthodontist are the key to successful treatment. Otherwise, bad habits can interfere with the movement of the teeth in the correct position or cause the teeth to return to their previous position after the removal of the bracket system.

2. Teeth movement after the end of treatment.

Teeth tend to move both after the end of treatment and after a period of retention (a period associated with the need to strengthen the teeth in a new position for them). To stabilize the achieved result, it is necessary to wear more fixed and (or) removable retainers (sometimes for life), which the orthodontist will notify you about.

3. Root resorption.

During orthodontic treatment, as the teeth move, root length decreases (resorption). A slight decrease in the length of the roots of the teeth is usually not cause for concern. Significant root resorption can worsen long-term prognosis, increasing the possibility of premature tooth loss. Injuries, eruption disorders, endocrine diseases, hereditary predisposition of some patients to such manifestations can lead to a similar condition.

4. Diseases of the gums.

Inflammation of the gums can start before treatment or develop during it. During treatment, the inflammation can intensify, leading to bone tissue loss around the teeth. High-quality cleaning of the teeth at home and the regular implementation of a set of preventive procedures by the doctor will help to keep the situation under control.

5. Unusual incidents such as swallowing the apparatus, chipped teeth, microcracks, displacement of the restoration.

I have been warned that:

- The orthodontic apparatus may rub or scratch the mucous membranes of the lips and cheeks during the first 2-3 weeks after starting treatment;
- Temporary teeth mobility during treatment is associated with the movement of teeth due to bone remodeling.
- It may be necessary to remove individual teeth, prosthetics, replacement of filling material before and/or after orthodontic treatment to achieve the desired result;
- Activation of removable devices and fixed equipment must be performed strictly within the time specified by the attending physician;
- It is necessary to wear a retention device to consolidate the result of treatment after removing the bracket system, otherwise a recurrence of the occlusion anomaly may develop.

I was named and agreed with:

technologies (methods) and materials that will be used in the process of orthodontic treatment, the approximate timing of the treatment and its cost.

I agree that no one can predict the exact result of orthodontic treatment due to the uniqueness of each organism and the diligence of the patient himself, which plays a decisive role in achieving and maintaining the result, while I am certainly guaranteed:

- accuracy of diagnostics;
- selection of the optimal equipment for occlusion correction;
- improvement of aesthetics and functions of the dentoalveolar system;

I understand that:

- additional examination and X-ray control of the quality of treatment; consultation of dentists of a different profile; consultation with a general medical practitioner may be required for an accurate diagnosis and effective treatment;
- the condition for effective treatment is my implementation of the treatment plan, the plan of individual preventive measures and compliance with all the recommendations and prescriptions of the doctor;
- significant results of treatment can be achieved only in close cooperation between the patient and the doctor, an increase in the duration of treatment and/or compromise results of treatment may be the result of weak cooperation;

On the Orthodontic Treatment Plan form, I certify with my signature that:

- I have been provided with all the necessary information about the upcoming treatment: about the goals, methods of providing medical care, the associated risk, possible options for medical intervention, about its consequences, as well as about the expected results of medical care;
- I agree with the terms of its carrying out named to me.