

Informed voluntary consent to orthodontic treatment with a removable (fixed) device

I was informed by the doctor that orthodontic treatment with a removable (fixed) device is indicated for my child, I agree with the plan and the duration of the treatment.

I have been advised that it is possible to correct the arising problems with the occlusion of children:

- 1. Removable biteplates (individually made one- or two-jaw devices made of plastic);
- 2. Devices of the "Trainer" system (aligners made of soft silicone), contributing to the correct formation of the occlusion, alignment of the teeth, normalization of swallowing and breathing

The doctor explained to me the term and plan of treatment with this device, explained the rules for using a removable (fixed) device. I understand that upon completion of the operation of this device, it is possible to manufacture another orthodontic device (based on the clinical picture) or dynamic observation.

The doctor explained to me about the need for daily cleaning of removable plates once a day, and deep cleaning once a week with special means, as well as the need to treat the plates with antibacterial solutions. Cleaning should be done using a regular brush, excessive pressure is harmful.

When treating with fixed devices, it is mandatory to use an additional device for oral hygiene at home, an irrigator. Which the patient must purchase on his own from the official network of pharmacies.

If hard plaque (dental tartar) is found on the plates, you must contact the clinic for professional treatment using special solutions and ultrasound.

I have been warned that:

- The orthodontic apparatus may rub or scratch the mucous membranes of the lips and cheeks during the first 2-3 weeks after starting treatment, in order to eliminate this problem you need to go to the clinic.
- It may be necessary to remove individual teeth, prosthetics, replacement of filling material before and/or after orthodontic treatment to achieve the desired result;
- When using some types of removable biteplates, it is necessary to activate the plate elements (mechanical adjustment of the width or dimensions of the apparatus using a special key). Removable devices and fixed equipment must be activated strictly within the time specified by the attending physician. The procedure and timing of the activation is clear to me.

Treatment with removable devices (in most cases) is the first stage of orthodontic treatment; to achieve a beautiful harmonious smile, the second stage may be required: treatment with bracket-system or aligners.

All the above conditions of this document have been explained to me, I agree with the selected treatment plan, which I am familiar with, and I understand that if the recommendations given to me are not followed, the treatment result may not be achieved.

I understand that the main condition for successful treatment is strict adherence to the treatment plan and the mode of wearing the device.